

# Driver Impairment – Drink & Drugs Workshop

Thought-provoking session on the dangers and repercussions of impaired driving

- Duration: 3.5 hours
- Delegates: 16 or 12 drivers
- Formats available:



Classroom workshop



Virtual classroom live



Part of TTC Group

# Overview

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This interactive workshop leads drivers through a thought-provoking session on the effects and consequences of drink and drug driving. The course includes a knowledge check quiz and a detailed examination of the repercussions of impaired driving on the driver and the workplace.

This engaging workshop is highly effective in motivating drivers to change their behaviour and, in turn, protect your company against reputational damage.



# At the end of the workshop, drivers will be able to:

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Explain the effects of alcohol and drugs on driving performance, including the risks associated with the 'morning after' scenario



Explain the consequences of impaired driving on the driver, their workplace and other road users



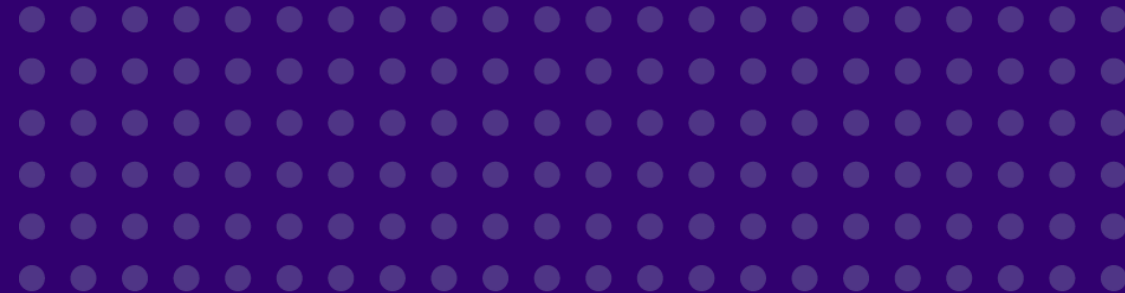
Increased awareness of the mistaken beliefs surrounding prescription, over-the-counter and recreational drugs



Formulate an avoidance strategy and be motivated to make healthy lifestyle choices



Reduce the likelihood of driving while impaired



# Delivery method

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The workshop is facilitated by a professional driver trainer who will fully engage with participants to maximise the learning experience, draw out their views and opinions.

## Delivery formats available:



### Classroom workshop

- Full engagement face-to-face
- Duration: 30 minutes each
- Delegates: up to 16 drivers



### Virtual classroom live

- Key information sharing
- Duration: 30 minutes each
- Delegates: up to 12 drivers



# Workshop benefits

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## Reduce your drivers' risks

Training will reduce driver risk, drink/drug driving, meet health and safety requirements



## Meet your duty of care

Our courses are designed to help you meet your duty of care obligations



## Improve your drivers' on-road competence and knowledge

- Develop an avoidance strategy
- Consequences of drink/drugs on driving performance
- The real cost to the driver and company

# Who should attend?

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Anybody who drives a vehicle for work purposes, including cars, vans, LCV (Light Commercial Vehicle), LGV (Large Goods Vehicle) or PCV (Passenger Carrying Vehicle).



# Workshop outline

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## Introduction

### Size of the problem

The scale of the drink/drug driving problem in the UK and the effect of impaired driving on the driver and workplace.

- Driver roles, mileage undertaken, driver safety policies
- Knowledge check quiz to ascertain prior learning
- Statistics, convictions and work-related road fatalities
- Impact on driver responsibility and duty of care
- The law, criminal proceedings, current size of fines

### Alcohol, drugs and driving

The legal drink-drive limit and the differences and similarities of alcohol and drugs.

- Interactive quiz to identify alcohol levels in drinks
- Practical exercises on alcohol and drugs
- Q&A on stimulants, depressants and hallucinogens
- Differences and similarities of drink and drug driving

## Consequences and strategies

Impact of a fatal/serious collision on society and support to formulate a 'safe to drive' strategy.

- Events surrounding a multi-vehicle fatal collision
- Strategy to remain safe and sober whilst driving
- 'Ripple effect' – extent of impact on victims
- How alcohol and drugs affect work performance
- The 'morning after' scenario

## Workshop review

- Answers to knowledge check quiz
- What drivers are taking away
- Q & A
- Evaluate learning



# Logistics

For **real time classroom workshops** we request that clients complete and return a venue questionnaire confirming:

- A suitable room is available for up to 24 delegates, at least 400sq ft with tables and suitable seating for 7 hours, free from interruptions and the ability to project onto a clear white wall
- Adequate toilet facilities
- Access to refreshments e.g. water, tea & coffee (delegates are required to bring their own lunch, unless pre-arranged)
- The room is well ventilated with appropriate heating and lighting
- Drivers must provide identification at registration

\*It is the customers responsibility to ensure any training venue meets the minimum requirements

For **virtual classroom workshops** we request that:

- Delegates use a tablet, laptop or desktop (Smartphones are not suitable)
- Have a web camera, speaker and microphones
- Stable internet connection
- Connectivity to mains electricity
- Drivers must offer identification to the camera at registration



Part of TTC Group

Driver Impairment Workshop





# To book

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Developing a culture of road safety driven by your employees



Part of TTC Group

